

# PADDLE

The SKABC Newsletter

September 2009

*SKABC: To promote fellowship, safety, the exchange of information and skills; to encourage concern and respect for the environment, and above all to enjoy sea kayaking.*

## Widgeon Creek Day Paddle — by Alice Pletcher

On May 24<sup>th</sup> about a dozen of us set out from Grant Narrows for our day paddle on Widgeon Creek with walk up to the Falls. The weather gods were with us and gave us a spectacular weather day.

We had a bonus in that with the very high tide we were able to paddle further “up the creek” whereupon we found some campers who had been caught in the high tide during the night and now dealing with a wet tent!

Here is a pictorial of the day:



Map of the area



Setting off in the Marsh

While paddling the creek we listened to many songbirds singing to us as we paddled along:



Our paddle on the Creek ...



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### Next Meeting:

**Tuesday September 8th**  
(7:30-9:00pm)

### Four Capes and a Point; Paddling the Central Coast and Haida Gwaii

Presented by: Sheldon Green and Sheila Keet

Location:

**Vancouver Museum**  
Main floor meeting room  
1100 Chestnut Street

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**Upcoming Meetings:**

**Tuesday, October 6 7:30-9:00**  
Annual General Meeting

**Tuesday, November 3 7:30-9:00**  
Wind, Waves, and Water: Sculpting  
the Rocks of the BC Coast

(see ad on back page: **your photos  
needed**)

Location: **Vancouver Museum**  
1100 Chestnut Street

**Membership Year:**

April 1 to March 31.  
The fee is \$45.00 for one year.

**SKABC Mailing Address:**  
Box 751, Station "A"  
Vancouver, BC  
V6C 2N6

Register online at  
[WWW.SKABC.ORG](http://WWW.SKABC.ORG)

**Big Brothers and Sisters Report Back**

— by Maureen Benzon

Thank you to everyone who helped with the Big Brother & Sister weekend, July 11-12<sup>th</sup>. Special thanks to Graham Lorimer, Barry Dutour, Terry Ridley, Birgit Stefani and Monica Didzic who carried boats, fetched pizza and accompanied the siblings on the water. Bob Salo, Christine Joffries, Nick Jones, Birgit and Graham lent us boats and Deep Cove Canoe and Kayak lent us all the gear for Sunday. Also thanks to Pat Ridley and Masumi Okihiro who each supplied a large batch of home baked cookies, and of course to SKABC who paid for the doubles rented from Deep Cove and the goodies provided. We included fruit which was welcome before the paddle. The water melon and bananas disappeared quickly, the oranges and apples less so.

We were lucky with the weather and hosted a total of 32 Big and Little Brothers and Sisters. This year was more ambitious than previous years and was run over two days, hosting the younger group in doubles on Saturday. This group was an absolute delight. Once over their hesitation (actual fear in one case) the smiles came and never left. The older group, a couple of whom seemed a little reluctant at first, all came off the water wanting to do it again, and the seals obliged and charmed us all. Only in one case was an energy bar necessary to renew the enthusiasm, but it would have been a good idea to have them readily available.

**SKABC Annual  
General Meeting**

**Tuesday Oct 6th, 2009**

Join the Executive of our amazing, entirely volunteer-run club! The new Executive will be voted in at next month's AGM. Watch for email announcements of positions vacant.



Start lining up now!! It's the annual MEC Gear Swap, coming soon to a rooftop near you!

**When: Sunday October 4th**

**Where: Roof of the store on  
Broadway**



**Helen Clay**

**Letter from the Editor**

Fall is in the air, the leaves are turning colour, and we've had some much-needed rain... but you don't have to let go of summer just yet. Inside this PADDLE you'll find photos and stories from a great summer's paddling. Check PADDLE out online to see those beautiful colour photos in all their glory. Special thanks for this issue go to Alice Pletcher who has been faithfully submitting her great photo-essays throughout the summer.

Now it's your turn! Please send us your paddling tales and photos from 2009. Long trip, day trip, an hour that made you happy — we all want to hear about it, along with your top gear tips, recipes and other nuggets of paddling wisdom. Our great club possesses a wealth of knowledge and experience amongst our 300+ members. Let's share that in the PADDLE. Send to [newsletter1@skabc.org](mailto:newsletter1@skabc.org), deadline 20th of the month.

This month also highlights several volunteer opportunities for you to get involved. Clean up the shoreline of Twin, Jug and Raccoon Is. on September 19th; come join the Executive at the October AGM; help with producing the PADDLE; and finally on the back page find details of the volunteer appreciation dinner that celebrates and thanks the volunteers who help to make this club so special.

## Widgeon Creek Day Paddle *(continued from page 1)*

After our lunch break we walked up to the Falls:



*Our walk through the forest*

This paddle is definitely a nice change from paddling the open seas!



*Flowing waters leading to the Falls*



*Widgeon Falls*

## Your Executive & Officers

### President:

Bob Shields  
president1@skabc.org

### Vice President: VACANT

### Treasurer:

Harald Riffel  
treasurer2@skabc.org

### Assistant Treasurer:

Rob Leeson

### Secretary:

Albert and Holly Fujisawa  
secretary1@skabc.org

### Membership:

Claudette Poirier  
membership1@skabc.org

### Conservation Liaison:

Nick Heath  
Nick Jones  
conservation1@skabc.org

### Training:

Kathy Romses  
Maureen Benzon  
training2@skabc.org

### Trips:

Karin Hartner  
trips2@skabc.org

### Safety:

Leslie Hansen  
safety2@skabc.org

### Public Relations:

Mark Starkey  
pr1@skabc.org

### Programs:

Shirley Brunke  
programs2@skabc.org

### Social Director

Susan Rolfe  
social2@skabc.org

### Library:

Ray Saadien  
library3@skabc.org

### Webmaster:

Susan Jensen  
webmanager2@skabc.org

### Newsletter:

Helen Clay  
newsletter1@skabc.org

## TD Great Shoreline Cleanup

Mark **Saturday 19 September** on your calendars!

SKABC has undertaken the cleanup of some of our favourite local paddling destinations—Twin Islands, Jug and Raccoon Islands in Indian Arm, based from Deep Cove. Deep Cove Canoe and Kayak will assist with kayaks, if needed.

Volunteers are welcome. Hopefully, we can have fun as well as do our bit for the environment.

**Meet Deep Cove 8:30 am  
Saturday 19 September**



If you can volunteer, please contact Nick at [nheath@sfu.ca](mailto:nheath@sfu.ca) 604 939 7222  
For further information, see <http://www.vanaqua.org/cleanup/home.php>

## Kayaking with the Wolves — by Ron Simmer

**Trip:** Tofino and points north – Rain, Lightning, Fog, Wind & Sun, but no Snow.  
**Wildlife Score:** Whales 7, dolphins 3, eagles 8, mice 3, otters 1, wolves 1, rockfish 4 (deceased).

**Survivors:** Craig Wilson, Ron Simmer, Bruce Pickwell, Antje Ellemann, Robb Douglas.

**Objective:** Explore Vargas, Flores and other islands as necessary.

**Worst hazard:** High speed whale watching boats.

**Day 1:** All peeps recon in Tofino. Dump kayaks in water and get good tidal ride south thru lumpy chop inside Lacroix Group to Ahaus bay and camp at tiny sheltered beach at north end. I BBQ salmon with new potatoes, salad and expired chocs. Violent thunderstorms all night with light showers.

**Day 2:** Paddle west to Blunden Island past dolphins; run into two grey whales and watch them feed. North to Barlett Island in calm seas; fog moving in so head back to camp on Vargas. Nice vegetarian supper - antipasto, spinach pasta, wine and choc truffles. Weather forecast - damp. Go for walk on connecting beach north. Spot wolf tracks.



**Day 3:** Decamp and paddle north in light showers to Bartlett island again - pit stop to fix Antje's foot pedal fallen off her new boat. Craig smashes rudder on Bartlett Beach and turns air blue. Off to Cow Bay on Flores. Whales join in going same direction. Sea lumpy through extensive rock gardens off Cow Bay. Bruce scouts path through rocks and we make beach landing in easy surf at east end of Cow Bay. Lovely campsite with big fast flowing creek. Five miles of beach, 200 meters wide with all kinds of surf. Set up camp in rain. No firewood. Supper spaghetti, sausage, wine, chocs & cherries. Rains all night.

**Day 4:** Still raining. Fresh wolf tracks around camp. Bruce goes to visit French kayakers at other end of beach. Rest of us bushwack up creek in kayaks doing limbo under deadfalls and using paddles like machetes. Craig with binocs spots wolf trotting up beach. Drizzle lets up in afternoon and sun peeks out - Smiles again! Bruce, Antje and Robb go kayak surfing in medium waves. Everybody dumps - lotsa fun. Supper is curried ham, salad, nuts, wine. We drag dead trees over to make nice fire.

**Day 5:** Hooray - sun shines! Drag out all wet gear out to dry in cedar branches. Leisuredly brekkies then paddle to west end of Cow Bay around long barrier reef en route to Hot Springs. More whales. Windless seas with minimal swell. I catch four big rockfish for supper in 20 minutes. Turn back and have lunchies on pocket beach entering Cow Bay. Bruce and I play in great surf. Bruce rides Solstice on big waves



## Reviewing SKABC Constitution and Bylaws

Our Constitution and Bylaws date back to 1983. Some housekeeping might be needed to bring them up to date concerning purposes and other details, such as who exactly are our Directors. Therefore, an ad hoc sub-committee has been struck to report back to the Executive by **1 November**. If changes are then believed to be desirable, they will be put to all members by Special Resolution at a General Meeting, so all members will get their say.

In the meantime, the sub-committee welcomes the views of any member on this topic. Members are:

Nick Heath (Chair), Harald Riffel, Albert Fujisawa.

Email comments can be sent to [nheath@sfu.ca](mailto:nheath@sfu.ca)

You may review the current Constitution and Bylaws on our website.

Give the ducks their space!



Birds can get easily distressed by kayakers. They may look beautiful flying up into the air to move away, but this flight costs them valuable energy which eventually makes them weak and less healthy.

(Thanks to Stanley Park Ecology Society)

## Kayaking with the Wolves (cont.)

sideways in high brace all the way to beach. Sadly, his Oakleys go adrift. Most fun ever with pants on. Group hike to next beach thru rainforest then rockfish curry for supper.

**Day 6:** Fogged in! Long brekkies then off towards Tofino. 10:30 and still 1/4 mile viz. Paddle parallel to shore through growlers, rocks and shoals to keep sight of land, then at point off Whitesands take compass bearing on Barlett Island due south. Seas moderate but south-westerly coming on. Hit Bartlett dead on in fog, and have lunch. Take another compass bearing on Blunden Island to find camp on islet south of Blunden in clearing fog. Antje almost runs kayak over otter coming into the beach thru the kelp. Otter pissed. Sun out! All crash on beach for snoozes. Northwester now howling 25-30 knots. No luck fishing so have potluck supper and wine.

**Day 7:** Up early in dense fog; decamp and take compass bearing on bottom of Ahous bay. Hit Vargas and crawl back thru Lacroix reefs and rocks in dreamy fog - like paddling thru clouds. Arrive in Tofino in bright sun and satisfy cravings for burgers and beer.

**Summary:** Amazing that such fabulous kayak territory is within an hour's paddle from Tofino – huge wild and empty beaches with almost no one about. We were well prepared with VHF, chart and compass on each boat. Constant attention to weather forecasts essential. Thanks to Bruce and Robb for their navigation skills.

*Editor's note: This article was accompanied by trip photos by Antje Ellermann, but time and technical constraints meant I didn't manage to include them. Photos in this article are from my files and I send my sincere apologies to Antje and Ron.*



## Broken Islands Group — by Alice Pletcher

On June 14, seven of us paddled out of Toquart Bay and headed for the Broken Group. This was my first time paddling BIG and I thoroughly enjoyed myself – it was well worth my long wait to paddle BIG. Here is a pictorial of the trip:

Our weather was ideal for the most part. Many mornings we woke up to overcast skies but that was okay as it meant the afternoon westerlies would not blow so strong (which winds make the crossings much more challenging), and the morning seas were calm:



*Some of the Islands*

As our trip was just after the full moon, we had extreme changes in the tides which resulted in very low tides in the morning, and we were able to see much sea life:



*Bat Stars underwater in the Pinkertons*



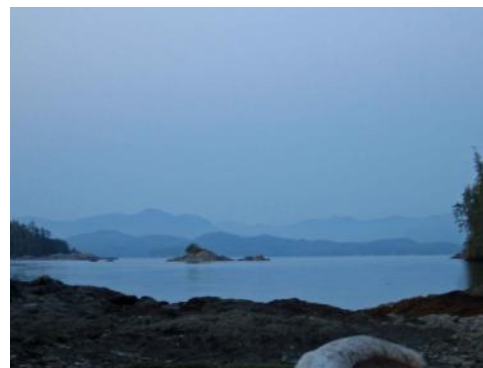
*Starfish on Jaques Island*

We were treated to many spectacular sunsets, here is one:



*Sunset as seen from Willis Island*

And many beautiful views:



*Evening view over to Reeks Island from Gibraltar*

## Broken Islands Group — by Alice Pletcher

In the Broken Group there is so much to discover:



*Treed Rock beside Dicebox Island*



*Moss Waterfall*



*Clarke Island*

And of course we needed the occasional break:



*Rest Break on Turret Island  
(guess who?)*

I very much want to thank Karin Hartner for leading a splendid trip. I greatly benefitted from her many trips to BIG – thank you!



*Our last campfire*

Note: On our visit to Sechart Lodge, we discovered *The Lady Rose* is no longer running – she has been retired.

# Mayne Train Weekend — June 19 - 21 2009

photos by Susan Rolfe, Melissa Woods, Helen Clay



*A lot of kayaks!*



*Becky Hardey and our amazing organizer, Maureen Benzoni — **THANK YOU MAUREEN!!!!***



*Susan Rolfe ably rescuing Penny Whitham*





## MEC Paddlefest 2009 — by Sue Bennett

Many thanks to Shirley for coordinating the SKABC display tent for Paddlefest – held Sunday July 5<sup>th</sup> at Jericho Sailing Centre. The event was a huge success, giving local paddlers an opportunity to demo boats and gear, attend seminars, and wander the display booths. Turnout was impressive!

In promotions, success depends on people, product and location. SKABC had all three!

Albert, Daniel, Rob, Shirley, Karin, Julie and myself had the pleasure of enthusiastically representing our great club to the hoards of interested Paddlefest attendees. We spoke with a mixed bag of paddlers of all ages, ranging from wannabes, to newbies, to experienced paddlers relocating to Vancouver, and even some returning members.



We had a “product” that “sold” itself. Since our club offers such a breadth of activities and opportunities at an affordable price, it is able to meet the needs of all!

Thanks also to Kathy for the loaner tent, Tony for transport, and to the members who worked so hard to put together the visual montage that so strikingly chronicles the trips and training ( and FUN!) experiences that are part of being a SKABC member.

Last, but not least, we also had the best location, wedged between the BBQ tent and our own Mark Starkey’s young enthusiastic crew promoting Kayak for a Cure Vancouver.

Well done SKABC! We have a lot to be proud of!

### *Shirley Brunke adds:*

Many thanks to Albert, Rob, Sue, Daniel, Julie and Karin for representing the club at Paddlefest. Special thanks goes to Albert who did two shifts, transported the display and tent to the site, put it up with Daniel's help, and then took it down. Thanks also to Tony who has been storing the display and dropped the display off at my house and Kathy who lent us the tent. It worked out beautifully.



## Swartz Bay: heads up — from John Martin

The gate that kayakers have been using to take kayaks from the terminal to the launch slip is now blocked. Member John Martin was recently told that to take kayaks to the slip, paddlers must line up by the "East Gate" behind the brown administration building. This is on the south side of the cafeteria. Kayakers will then need to ask an administrator to open the gate. To come back in, kayakers must line up outside the East Gate and send someone to the toll booths to get an administrator to open the gate.

## And where was everyone else ...

words by Alice Pletcher, photos by Graham Lorimer

There was a Club monthly meeting on the beach on July 7<sup>th</sup> but where was everyone? Since when did rain stop kayakers?

Okay, so the weather conditions were not conducive to have the bbq/social portion of the meeting, but where were the kayakers to practice rescues? You can never get too much practice!

Anyhow, a few of us did show up...

A self rescue happening:



*Who could this be?*

Here is Maureen Benzon and Karin Hartner changing kayaks mid-stream:



*Swapping of kayaks*



*Heading out*

# Currents Course June 19-21 2009

photos by Peter Kearney (except the one he is in — he's good, but not that good!)



## SKABC Training Schedule

SKABC members share their expertise through a variety of excellent courses. The courses provide opportunities for meeting people and refreshing your skills or learning new ones. Review descriptions of core courses by visiting the training section of our website at [www.skabc.org](http://www.skabc.org).

If you would like to volunteer as an instructor, assistant instructor or coordinator in 2009, please e-mail [training2@skabc.org](mailto:training2@skabc.org) or leave a message for Kathy at 604-987-0919.

### Important Notes:

- ✦ All course participants, coordinators and instructors must be club members at the time of the course. SKABC year is April 1 – March 31.
- ✦ While some changes will be communicated via a general e-mail to members, members are responsible for monitoring the training section of the member's area on the SKABC website for the most recent information.
- ✦ Advance registrations through the SKABC Training Coordinator will not be accepted. Please wait for registration to open. Individual course coordinators will be identified once registration opens.
- ✦ Course coordinators are assured a place in the course and do not pay course fees unless the fees are payable to outside suppliers.
- ✦ Generally, coordinators prefer to communicate by e-mail. If your e-mail is not acknowledged within 24-48 hours, phone to follow up.
- ✦ Please provide previous training and trip experience when signing up for a course.
- ✦ Fees are paid to SKABC and must be received by course coordinator 7 days from registration booking to hold your spot in the course.
- ✦ If you have taken the course last year, you may be put on the wait list for popular courses, e.g. currents
- ✦ See the course descriptions document on the training site for more information about the courses.

Participants must ensure that they have the safety equipment required by Transport Canada  
[www.tc.gc.ca/publications/EN/TP14726/PDF/HR/TP14726E.pdf](http://www.tc.gc.ca/publications/EN/TP14726/PDF/HR/TP14726E.pdf)



## SKABC Training Schedule

### SKABC Training Courses

Course	Dates	Min/Max. # of Participants	Location	Instructor(s)	Cost
Surf	October 3, Sat October 4, Sun	8/12	Tofino	Peter Kearney Mark Kelly Richard Jensen Daniel Jordi	\$45

Coordinator: Kathy Romses [kromses@shaw.ca](mailto:kromses@shaw.ca) 604-987-0919

Participants must arrive Friday evening before 11 pm. Course ends 1 pm Sunday. Participants are responsible for costs of accommodation travel & ferry

This is a course for advanced paddlers, which includes a higher level of risk to paddlers and boats. Participants must be comfortable with paddling in ocean swells, familiar with the low and high brace and be very comfortable performing wet exits. A helmet and wet or dry suit are mandatory for this course and participants must be aware of the possibility of damage to their boat, or injury to themselves. If you have a previous shoulder, neck or back injury, seek medical advice before signing up for this one.

A waiver for the course must be signed on the day the course begins in addition to the SKABC membership waiver.

### External Training Courses

Course	Dates	Min/Max. #	Location	Cost
VHF Marine Radio Operator Licence	Look for a course near you. Power Squadron Units offer the course throughout the Lower Mainland at different times & prices. Fee: \$100 per person <a href="http://vancouver.powersquadron.ca/radio.html">http://vancouver.powersquadron.ca/radio.html</a>			

## ORCA and Silver Paddle Awards

SKABC Executive are seeking nominations for the ORCA and Silver Paddle Awards.

The ORCA Award recognises long-standing members who have made an outstanding contribution to SKABC and the sea kayaking community as a whole. Past winners include Cindy Dopson, Tony Clayton, Rick Davies, Ray Pilman, and Harald Riffel.

The Silver Paddle Awards were instituted in 2008 as a way of recognising members who have made a valuable contribution to the club. These awards recognise and celebrate club members who may be newer to the club but have nonetheless worked hard for our volunteer-run organization. 2008's winners were Gayla Shulhan, George Prevost, Kallie Cunningham, and Peter Kearney.

The Awards will be made at the AGM in October. So put on your thinking caps, and as you paddle with our great club think about who you'd like to see acknowledged for their efforts.

Send your nominations to our President, Bob Shields, at [president1@skabc.org](mailto:president1@skabc.org). Include a few details supporting your chosen candidate. Bob will be happy to answer any questions you have on the Awards.

## SKABC Trips Schedule- *please check the website for frequent updates*

### Trip Classification

#### STRENUOUS LEVEL

(Assumes some paddling experience)

#### DIFFICULTY LEVEL

(Expected *conditions* require matching paddling *skills*)

<u>Code</u>	<u>Description</u>	<u>Estimated Paddling Time</u>	<u>Distance (nautical miles)</u>	<u>Code</u>	<u>Expected Conditions</u>	<u>Paddling Skills Required</u>
A	Minimal	<3 hours	<6 nmi	1	Calm	Beginner
B	Moderate	3 – 5 hours	6 – 10 nmi	2	Intermediate	Basic (self/assisted rescues)
C	Strenuous	5 – 6 hours	10 – 15 nmi	3	Exposed/Difficult	Good seamanship
D	Very	6 hours	15 nmi	4	Challenging	Advanced

## SKABC Trips Schedule- *please check the website for frequent updates*

Day Trips						
Date	Destination	Class	Duration	Land Coordinator	On-Water Coordinator	Maximum Participants
Sept 12	Fraser River Hope to Agassiz <b>Must have Strokes and Rescue and moving water experience (Currents Course) or equivalent</b>	C3	Day Trip	Harald Riffel hereorsomewhere@gmail.com	Harald Riffel	
Oct 10	Harrison River Harrison Lake to Kilby Prov Park	B2	Day Trip	Karin Hartner khartner@shaw.ca	Karin Hartner	RAIN OR SHINE

**Weekend / 2-3 Day Trips: None scheduled**—contact Karin Hartner if you'd like to organise a trip  
khartner@shaw.ca

Longer Trips						
Suggested dates welcome	Sail and paddle various locations such as Gulf Islands/ Sunshine Coast. Partners required to share kayaking from the comfort of a sailboat. Must be safety-conscious and be able to self-rescue.	B2	5-day trips	Fred Collaco <a href="mailto:tangywca@yahoo.ca">tangywca@yahoo.ca</a> 604-278-6819 Mother Ship is a Catalina 28 Mark 2 with diesel engine No sailing skills necessary		3 plus Fred
Sep 19-22	Gulf Islands <b>PADDLE AND SKETCH</b> Launch 12 noon Sep 19th from the foot of Amherst St in Sidney and paddle to base-camp at Rum Island	B2	4 days	Land coordinator required	Artist and on-water coordinator Kurt Connell <a href="mailto:kpconnell@hotmail.com">kpconnell@hotmail.com</a>	6-8

**SKABC Mailing Address**

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 Vancouver, BC  
 V6C 2N6  
 Web: [www.skabc.org](http://www.skabc.org)  
 E-mail: [info@skabc.org](mailto:info@skabc.org)

**Getting the Word Out — by Alice Pletcher**

I found out our club was making a presentation at my local library so I went to check it out. On June 25<sup>th</sup>, Helen Clay, Julie Dorsemaine and Mark Starkey made an excellent presentation about SKABC.



They spoke about our membership, training, trips, club meetings and social activities. They also spoke about day trips at local destinations along with longer trips. There were about 30 participants who were keen and with good questions. It was a very informative 60 minutes. Thanks to them for spreading the word.

**Help Wanted!****Your PADDLE needs you**

We are seeking a roving reporter and PADDLE rep for club meets – you'll be very popular as you get to hand out \$25 MEC vouchers each month. We also need help with editing and creating the PADDLE — ample training available.

Contact Helen Clay at [newsletter1@skabc.org](mailto:newsletter1@skabc.org)

**Contributions always welcome**

Here's your chance to share your paddling stories, jokes, recipes, gear tips... articles can be about any paddling experience, short or long, and not restricted to club trips.

Guidelines: Please submit as a Word document, photos max 500 kb, deadline 20th of the month to: [newsletter1@skabc.org](mailto:newsletter1@skabc.org)

**November Meeting**

**November 3, 2009, 7:30 pm**

**Wind, Waves, and Water: Sculpting the Rocks of the BC Coast.**

Dr Mary Lou Bevier from UBC's Department of Earth and Ocean Sciences will speak to us about the formation of the coastline and rock formations on the BC Coast. As a part of this presentation, we are asking for **YOUR** photos of interesting rock formations you have encountered on your paddles. Please send your photos to [mbevier@eos.ubc.ca](mailto:mbevier@eos.ubc.ca) no later than **October 15th**, along with information about the location. Please put the phrase 'SKABC Rocks' in your subject line. Thanks!

**Volunteer Appreciation Dinner**

Attention to all you wonderful folks who volunteer to make our kayak club so special. Please come to our Volunteer Appreciation Dinner.

**When: 6:00 pm Saturday October 31st**

**Where: Hollyburn Sailing Club**  
 1326 Argyle Avenue  
 West Vancouver  
 V7T 1C1

Mark the date on your calendar now, because we want to thank you for all your efforts. We will provide the dinner. Peter and Katrin will be barbecuing wild salmon! We will also serve salads and desserts.

We need to plan the food for you. There will be juice provided and a fabulous punch.

**Please contact Susan Rolfe at [susancrolfe@gmail.com](mailto:susancrolfe@gmail.com) to confirm your attendance.**