



PADDLE

Frolicking Through the Bunsbys

Ron Simmer

7:00 pm Sunday July 21 found us zigzagging through the reefs north of Kyuquot on Rupert Wong's boat "the Raider", with our five kayaks on the racks overhead. We all had tight vacation schedules, so had hired Rupert to carry us and our gear from road's end at Artlish River 35 miles out to the Bunsby Islands for a week of R&R.

Jonathan Phillips, Elisa Kreller, Mike Paul, Craig Wilson and myself started the day by catching the 6:30 am Horseshoe Bay ferry in my Astro van, towing the kayaks on Jonathan's trailer. Our objective was to have a good time exploring the Bunsbys and surrounding area without setting any mileage records. We were equipped with two handheld VHF radios, and a standard 25-watt unit with whip antenna. We arranged a default pickup time and location accessible for all tides, and told Rupert that we would contact him at his base on Spring Island if our plans changed. We wanted to maximize our time in

the beautiful Bunsbys, so we had Rupert taxi us out to one of the most remote seaward rock islets, just off Island 195. The Raider's twin Honda 90's made it a quick trip. After landing our gear and kayaks on an exquisite white shell and sand beach protected on three sides by jagged black rocks, we made an easy camp. We ate supper watching a gorgeous sunset while the surf boomed on the reefs outside. Elisa was a good sport about being beaned with a tarp pole.

Our first day was so gloriously hot we finished the afternoon with a swim and power naps on the beach. The following few days, however we played cat and mouse with banks of muggy fog, thin enough to allow about 500 meters of visibility. Using chart and compass we had no difficulty coasting the swells among reefs and islets with the otters while encountering almost no breeze. Kyuquot being the

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Next Meeting Monday

September 16

Van. Maritime Museum

7:30 p.m.

Club Members

Sheldon Green
& Sheila Keet

Topic: 'Kayaking Alaska's Alexander Archipelago; Prince Rupert to Taylor Bay'

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TO PROMOTE FELLOWSHIP, SAFETY, THE EXCHANGE OF INFORMATION AND SKILLS;
TO ENCOURAGE CONCERN AND RESPECT FOR THE ENVIRONMENT, AND ABOVE ALL
TO ENJOY SEA KAYAKING

SKABC Executive

President:

Richard Novek 604-879-7314

Vice-President:

Denise Withers 604-709-6161
(cell) 604-868-6157

Secretary:

Judy Oliver 604-738-6682

Treasurer:

Barbara Milne 604-230-8022

Membership:

Catherine Ostler 604-669-4492

Training:

Elisa Kreller 604-633-0535

Trips:

Paul Rae 604-987-0523

Terry McGinnis 604-872-5898

Ken Hewitt..... (cell) 604-961-0839

Rob Leeson 604-739-1201

Shelley Lear 604-437-1549

Safety Committee:

Heather Kirk 604-736-0445

Program:

Gordon Squire 604-921-8175

Library:

Steven Goh 604-929-6232

Outdoor Recreation Council (ORC):

Tony Clayton 604-921-7947

BC Marine Trails (BCMATA)

Gerry McCann 604-929-4279

SKABC Newsletter:

Cindy Dopson 604-444-1118

Email: dopsons@telus.net

Michael Paul 604-929-8578

Website:

Tim Morris 604-929-1302

Publishing Deadline:

15th of each month

Vancouver Island Contacts:

David Blacoe (Sooke): (250) 642-2010

Brian Robilliard (Duncan): (250) 743-6997

MEMBERSHIP YEAR:

April 1 to March 31. The fee is \$40.00 for one year and is pro-rated for new members only.

SKABC Mailing Address:

Box 751, Station "A"
Vancouver, BC V6C 2N6

<http://skabc.org>

Editorial

Taking on the newsletter after Derek has had his hands on it for a couple years is no small task, let me tell you. He has infused this publication with a style and sense of humor that has been appreciated by many, and can be duplicated by none. I will not even attempt to try. "Thank-you" is not enough to express the contribution you have made, Derek, and yet we will use it for lack of better. My personal thanks as well, for all the knowledge you have passed on to me from your learnings along the way.

With every new editor there is change of style, content and personal-ity. Your feedback is important as I begin to create the "new" PAD-DLE, the "Cindy-PADDLE", as it were.

I have really enjoyed putting together this issue. The creativity, hu-mor, and detail that comes across in the articles submitted has de-lighted me – I hope you like it.

Kayak Toys and Tips

At the August meeting, club members shared their favourite toys and tips. Sophie Chenier has summarized for us some of what was shared:

- attach a tether leash to your paddle float and attach it to the kayak
- use a pool noodle to help you roll your kayak on the beach.
- a piece of foam with a split in the middle can be used as an anchor for your paddle to hold a tarp up on the beach
- wrap the bungee on your deck once around the handle of your pump so a wave will not wash it away
- velcro contraptions taped to your kayak will hold things like your VHF radio
- a "markpack" (about \$100.00 from Ecomarine) fits on a slider between your legs for easy access to stuff that you need like your camera
- a Larson half wave antenna for your radio enables you to get weather stations and communicate when your regular antenna doesn't have the reach
- a sling with a carabiner, two ropes and a small net bag containing a rock makes it easy to throw over a tree to hoist your food up. This keeps the ropes from tangling in the tree.
- attach a knife to your PDF for easy access
- buy reflectors from a fishing store or use reflecting paint on your pad-dles to be seen by powerboats
- get an airhorn, good for both distress calls and to scare bears
- use throw-away waterproof cameras
- buy cheap binoculars - does not matter if they get ruined compared to expensive ones

(Frolicking Through the Bunsbys Continued from page 1)
land of winds, we found that fog could be our friend.

Jonathan piloted us across to Battle River on the mainland and back through the fog with precision compass bearings. On day 4 we decided to establish camp near the Acous peninsula, and from there strike out north to the south facing beaches of the Brooks peninsula. However, we failed to find a free camping spot in the Cuttle islets, so settled for a place on a sheltered beach north of Battle Bay, where we had spotted a bear earlier. (We were eager to test our bear protocol and Jonathan's bear-bangers)

Suddenly the fog disappeared on day 5, so we decided to head for the Brooks. However northwest offshore winds of 20 knots and gale warnings on the radio convinced us that crossing the exposed Nasparti Inlet then might be a really bad idea.

Instead we explored the abandoned native village at the southwest end of Battle Bay and discovered fallen totem poles hidden in the salal and cedar, finishing with a swim in the Battle River lagoon. That evening we radioed Rupert a new pickup location given that possible continuing gale conditions could prevent us from reached the agreed rendezvous. Naturally the following day dawned clear and still. Generally, we paddled when we felt like it, slept in or napped when needed, had multi-course meals, and enjoyed good company around our tiny perfect campfire. Treas-

ured moments were watching whale antics and eagles fishing from our beach.

Lessons learned:

- ◇ During the entire week we saw perhaps 8 other kayakers, three sailboats, and one powerboat. This is a relatively remote area with very few people around to help if you screw up.
- ◇ Official weather reports for the Bunsby area are lacking, since major reporting stations are far north and south. Gale warnings were posted almost every day for the Brooks peninsula to the north while we were there. You must base plans on best interpretation of the VHF weather broadcasts. A standard marine radio is an important piece of gear.
- ◇ Cheap, fun trips to the West Coast are possible. Total costs were about \$200 each.
- ◇ Never go to sea without your duct tape. Shit Happens.

Hypotheses examined:

The Jonathan Phillips Pinot Blanc Theorem:

- ◇ Kayaking efficiency is inversely proportional to wine consumption.

The Ron Simmer Safe Drinking Water Theory:

- ◇ Water is safe to drink if there are no significant numbers of dead or dying animals immediately adjacent to the body of water in question.

Questions posed around our little campfire:

- ◇ What wine goes with Spam

Lite?

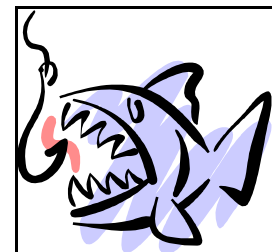
- ◇ Is sand an essential aid to kayakers' digestive process when living on MEC meals in a bag?
- ◇ Does the weather lady with the throaty voice and amazing elocution delivering the Coast Guard Report have a fan club we can join?
- ◇ Bear protocols. Have the bears read the manual?
- ◇ Must Real Bouillabaisse include innards, eyeballs and scales?

Future training courses to be offered by SKABC, as proposed by Elisa Kreller regarding the safe erection of tarps:

1. Tarps for Dummies. (Hardhats supplied)
2. Euclidean Tarpology. An introduction to Flaccid Structures. Some calculus required.
3. Advanced Quantum Mechanics of Tarpology, covering Unified String Theory.

And the final thought for the day:

Biggest adrenaline rush for Craig: That big angry ling cod you just dropped in your cockpit between your knees about to perform a vasectomy with the huge treble hook in its face.



And You Thought Lugging Plastic Boats Was Hard!

Indian Arm trip report

Patricia Morris

Our group of seven, lead by Kurt Connell, set out from Deep Cove on a sunny Saturday in July to look for a cave on the east side of Indian Arm, then paddle north to Buntzen Bay.

Along the way we were greeted by Don NoFear- offering the use of his picnic table and outhouse (*he knew what we wanted!*) - and the valuable information about how to find the cave – in exchange for our help in moving a refrigerator! This generous man had a 50 meter dock painted all the colours of the rainbow using up leftover paint from his twenty years in the place.

We lunched in the hot sun on Don's front porch and then came the real exercise of the day- moving his fridge to the end of the dock. "The men" on the trip moved the fridge while the women moved the boats up. That done, we were free to leave exhausted from the heat of the sun and exertion. He pointed the way to the cave and so we left.

The cave is directly across from the southern community of houses, on the north bank. Only Kurt jumped out of his boat to see the cave as it is a difficult landing – especially in wind. Finding himself with no followers, he didn't investigate it too far!

The winds picked up and provided us with another adventure. But all turned out well: we all returned and Kurt may even lead another trip!

Parks Canada Warning on Wolf Population in Broken Group

The following information was forwarded to us by Bob at Deep Cove Canoe and Kayak

Over the past decade deer populations in the Broken Group Islands (BGI) have increased to the point where over browsing has become evident. In September 2001, a wolf was first observed in the BGI. This animal has remained in the Park over the winter and is swimming between islands.

There is a possibility that another wolf has also entered in the area. These animals appear to be independent. Wolves in the BGI have been observed in the past. Small mammals such as mice and racoons are prey as are deer.

It is our goal to keep this animal wary of humans. Signage at all campsites has been posted to advise visitors how to behave should they approach the animal while they are paddling and also should the wolf enter their camp.

For kayak guides, we ask that you keep camps especially clean. All food and garbage must be containerized. If the wolf approaches your camp, do not take photos, rather, immediately make noise, wave your arms and throw objects in its direction. The goal is for the animal to remain wary of humans and not to associate campers as a food source.

For all operators, while on the water, view all wildlife including wolves at a distance and keep your encounter brief. Your goal should be to be so non-intrusive that the animal neither reacts to nor regards your presence.

Please take this opportunity to educate your clients with regards to predator-prey relationships and the dynamics of healthy functioning ecosystem.

Thank you,
Dan Vedova
Assistant Chief Park Warden



At the June Beginner's course at Lacarno beach, Kazuo practices his paddle float rescue

Kayak Cuisine # 10

A Middle Eastern Meal

Regular readers of Kayak Cuisine will recall that these articles invariably have a theme and often this takes the form of a meal built around a regional or ethnic cuisine. This piece follows that pattern but it is interesting to me in as much that the meal evolved from separate dishes that I had used from time to time rather than from a conscious effort to create a middle eastern meal. Another point of interest is that this is another meal in the expanding repertoire of vegetarian meals. By the way, all the ingredients in these recipes seem to be increasingly available on supermarket shelves rather than just specialty stores although the latter usually have a better selection and have generic products that are less expensive.

Appetizers

Humus is a good old standby made from chick peas [a.k.a. garbanzo beans] that can be bought either in generic packaging or in branded [e.g. Casbah and Fantastic] boxed form. Just add cold water and a little olive oil to the dry mix and serve with your choice of pita bread, chips or crackers. Some carrot sticks and/or olives on the side is a nice touch.

Babaganoush is a dip made from roasted eggplant and comes in similar form to *humus* to which it makes a pleasant alternative or addition.

Tabouli is a traditional middle eastern wheat salad that can be made from scratch using bulgar wheat, onions, scallions, garlic, parsley, olive oil, lemon juice and spices or more conveniently is available as a dry mix to which one adds water, olive oil and chopped tomatoes. These may be either fresh tomatoes or reconstituted sundried tomatoes.

Entrée

Falafel is made chiefly from chickpeas with flour, onion spices and herbs incorporated. It too can be purchased in generic or branded packaging. One cup of dry mix typically is mixed with three quarters of a cup of water to yield 3 to 4 servings. Traditionally the dough is divided and molded into small balls [about 20 to 24 for the volume given above] but I have found that for camping making small patties is better because you need less oil in the pan. Fry the patties until golden brown on each side and then drain on paper towels. Serve with *cous cous*, *tahini* and whatever vegetables you have available e.g. tomatoes, cucumber and thinly sliced onions. As an alternative you can serve the patties in pita bread pockets.

Cous Cous is made from durum wheat and it is a wonderful alternative to rice or potatoes as the carbohydrate portion of a meal. It is quick and easy to prepare and quite versatile; I sometimes use it as an accompaniment for fish dishes and curries. *Cous Cous* is available in a variety of packaging and either in plain form or as a pilaf where it has various spices, vegetables and herbs included. In all forms it takes only a few minutes to prepare.

Tahini sauce is a sesame seed based product that in its finished paste form is a somewhat runnier constituency than peanut butter. *Tahini* comes either as a dry mix or as a paste.

Dessert

If you wish to carry the theme through to the last course you could serve **Halvah**. This very sweet confection has the advantage that it requires no preparation and it is available in sealed foil packaging that keeps in good condition for quite a long time.



Stolen Kayak Alert

Stolen July 10/11: Nearly-new red and black Feathercraft Kahuna Expedition folding kayak in a large black canvas backpack stolen from the back of my car in "secure" underground parking in Vancouver. Can be identified by serial number and by a small factory-repair to the stern deck near the rudder. Any information would be gratefully received by Ruth Merrick at 604-877-0963 or ruthmerrick@hotmail.com or please contact the Vancouver City Police.

Ruth would also like to share her heartfelt thanks to the folks at the Feathercraft factory on Granville Island and particularly to Theresa McCarthy for their/her sympathy and support for her loss and for their tremendous generosity in ensuring that her long-planned first paddling trip to Alaska was not ruined by the theft.

Library Books Are Due!

Steven Goh

Here's a friendly reminder from the SKABC librarian, to those who have taken books out from the library - BRING THEM BACK!

Please check to see if your name is on the list. If so, you can either:

- bring the books to the next club meeting
- mail them to the SKABC P.O. box
- arrange to drop them off at my office downtown
- paddle over to Deep Cove and drop them off at my house

Thanks, and happy reading!

Name	Number of Books	Name	Number of Books
Alcock, M	2	McBride, S	1
Allison, M	1	MacDonald, I	1
Bussey, E	2	MacMillen, M	1
Chow, F	3	McNish, R	1
Clarke, J	1	Morris, T	1
Cohen, M	2	Oliver, J	2
Cosco, T	2	Parsons, S	2
Cuzner, D	2	Pichichero, M	2
Daoust, J	1	Pidgeon, E	1
Dorsemaine, J	1	Rae, P	1
Early, S	1	Riffel, H	1
Elliot, E	2	Rigg, L	1
George, J	1	Rolfe, P	1
Hietkamp, F	1	Shiroki, K	1
Hewitt, K	6	Skinner, C	1
Holm, K	2	Smith, D	1
Keet, S	1	Steeves, R	2
Kurth, J	2	Stefani, M	1
Lang, J	2	Stefani, R	1
Lear, S	3	Winkler, F	2
Loppe, P	2	Wyse, J	3
Kebarle, K	2		



Contact Rod at 604-312-4784, e-mail info@orcaboats.ca or web page at www.orcaboats.ca to find out more about building custom wood strip canoes and kayaks, boat repairs and custom seats.

Indian Arm Paddle-a-thon

A fundraiser for Thwaytes Landing and a celebration of Indian Arm!

Tamsim Baker

Sunday, September 22, 2002

Panorama Park
Deep Cove, North Vancouver

Join other paddlers in a fun paddle to various locations in Indian Arm. Leave from Deep Cove and paddle to Thwaytes Landing, then to Jug Island Beach and back to Deep Cove. Allow four hours to complete the entire 17km course. The purpose is raise funds for Thwaytes Landing, the North Shore's newest park and to celebrate spectacular Indian Arm!

For paddlers and non-paddlers, at Panorama Park there will be displays by various organizations, a 50/50 draw, music and light concession from 1pm to 4pm. Also, there will be guided natural and cultural history boat tours of Indian Arm. The boat leaves the Government dock at the foot of Gallant Ave., in Deep Cove at 10:00am and 1:00pm for a one and a half hour cruise. \$20 adults (\$15 under 12). Pre-registration is required.

Presented by *TLC* The Land Conservancy of BC

Course starts at 9:30 am. Prizes to be given out at 3:30 pm.

\$40 per person (\$55 if a kayak or canoe rental is required). Raise extra funds through pledges and win additional prizes! Pre-registration is required.

For more information call, (604) 733-2313.

More information about Thwaytes Landing, TLC and/or the event, can be found by visiting www.conservancy.bc.ca

BAMFIELD KAYAK FESTIVAL

**Join us in Bamfield on September 27, 28 and 29 for our
4th Annual Sea Kayak Festival**

Bamfield is in the Heart of the Pacific Rim National Park located near the Broken Group I islands in
Barkley Sound on Vancouver Island

EVENTS

- Main Race 5 Nautical Miles
- Intermediate Race 3 Nautical Miles
- Novice Race 1.5 Nautical Miles
- Poker Hand Event
- Doubles Race
- Navigational Skills Event
- Rubber Boat Race
- Paddling Clinic
- Guided Group Paddle
- T-Shirts
- BBQ, Dance

More Than \$5,000.00 in Cash and Merchandise
Events for Competitive and Recreational Paddlers.

For more information or a registration package call the Sheryl Mass at (250) 728-3500 or
email bamfieldkayakfestival@bamfield.ca

Bamfield is hosting its 4th annual sea kayak festival Sept 27, 28 & 29th. This event is organized and run completely by volunteers and any money made goes back into the festival. This year \$300.00 is being ear marked as a prize for the winner of our poster contest. The poster contest is open to everyone. We need your submission along with an entry form no later than Sept 20th. The artwork may be in any medium, ie. watercolour, oil etc. or photograph and will be used for an art poster to advertise next year's festival. Please contact us and/or read the details on the entry form. Again this year we have a raffle for a custom made kayak this year by Extreme Interface. Look for our article in the latest issue of Wavelength magazine! As in the past years the Bamfield Kayak festival continues to bring a fun, family oriented festival that keeps the activity centred on the water. There are events for all skill and age levels. Contact us at bamfieldkayakfestival@bamfield.ca

To get a copy of the registration form, festival schedule, a description of all the events and/or a poster contest entry form, email Cindy at dopsons@telus.net.

Sea Otters

In order to finish my university degree, I recently did a course in oceanography. The following is taken from a report for that course.

Cindy Dopson

Sea otters are commonly and affectionately referred to as the "Old Man of the Sea". This is due to their long whiskers, or vibrissae, and the silvery head older males sometimes develop. Their scientific classification is *Enhydra lutris*. There are actually three subspecies: the Russian sea otters, the Alaskan sea otters, and the Californian sea otters.

Sea otters generally produce only one pup per year, and only bear young once every two years. This fact, along with the variety of their diet, allowing them to adjust to environmental changes, means that sea otters are not naturally subject to sudden population fluctuations. The primary risk for the continuation of this species is the effect of humans.

The important roll that sea otters play in the marine ecosystem is now more clearly understood. They are necessary in the maintenance of the kelp forests that are the habitat of so many fish and invertebrates. It's more important than ever that research and education are done to understand more about the lives and habitats of sea otters so that the interference of humans can be reduced.

The northern sea otters are generally larger than the southern, or Californian group, with males weighing up to 100 pounds and measuring four to five feet in length. They have an acute sense of smell, and have eyes that are adapted to see both above and below water. They also use their long whiskers to

sense movement below water. Less is known about their hearing, although it is thought they are sensitive to high-pitched noises.

Sea otters spend almost all their lives at sea: eating, sleeping, and reproducing in the coastal waters. They stay in the coastal regions, preferring a habitat of shallow intertidal waters rich with kelp. The kelp not only signals the location of a favorite food source (sea urchins), but by wrapping them-



selves in it while they sleep they can avoid drifting in the currents. They spend most of their time floating on the surface of the water, belly-up, using their hind flippers for propulsion and direction. To swim faster, an otter will flip onto his stomach and use his trunk muscles to undulate his entire body through the water. Even at this, they only manage two to three miles per hour when swimming.

Unlike other sea mammals, otters can only stay under water four to five minutes. While they are great divers, capable of going down to depths of 330 feet, they usually stay in the shallows, diving 5 to 60 feet to the sea bottom

to pick up food.

The diet of sea otters is varied and flexible. Their main staple is sea urchins, and they supplement that with mollusks, crabs, and small amounts of fish and seaweed. In captivity they have been able to adapt to gutted and frozen fish, and even to red meat. They do, however, require large amounts of food to maintain their high metabolism, eating twenty-five percent of their body weight each day. They use their front paws as hands, and rocks as tools to enable them to crack open shells such as clams and oysters. Smaller mollusks, such as mussels, are eaten shell and all.

Reproduction is initiated by the male, who attaches himself to the female by biting or claspng her nose with his claws. Copulation, which typically lasts fifteen to thirty minutes, takes place in the water. The couple may remain together for up to ten days following copulation, but do not form a family unit or lengthy bond. Gestation for the female sea otter is believed to be approximately eight months, which includes a period of delayed implantation. Once the pup is born, it will stay with the mother for one to two years.

Sea otters are known for their devotion to their young. Pups are born weighing three to five pounds. Their fur is lighter in color and thicker than the adults. The mothers often carry the pup on their chests. They will nurse

(Sea Otters: Continued from page 8)

the pup for the first year, although after the first two or three months they are able to begin eating solid foods.


Sea otters reach sexual maturity at different ages for males and females. The males become sexually mature at five years of age, and the females at three to five years. The typical lifespan for sea otters is fifteen to twenty years. They live in groups called rafts, usually separated by gender. Mature males are territorial.

The world's sea otter population is currently estimated at 150,000 individuals. They once inhabited the coastal waters of the Pacific Ocean and Bering Sea, ranging from Mexico to Alaska and Japan. Now there are two distinct groups of sea otters: the northern group up in the Aleutian Archipelago off the coast of Alaska, in the Kuril Islands of Russian, and recently repopulated along the coast of British Columbia and Washington; and the southern group, native to the Californian coast.

It was once believed that man was the only predator of sea otters. Evidence now shows that killer whales, sharks, and eagles may also pose a threat. Sharks affect the Californian, or southern otters. Research into the injuries of sea otters previously believed to be caused by boat propellers determined that great white sharks may be to blame. Bald eagles generally prey on sea otter pups, and not mature adults.

Oil spills are probably the greatest threat to sea otters. Because these marine mammals do not have deposits of fat to keep them warm like whales or seals, they rely on the air that gets trapped in their thick fur to insulate them against the cold ocean. For this reason, oil spills have a disastrous effect for this species. When oil coats the fur, their insulation mechanism does not work, and they can freeze to death. Sea otters are also susceptible to oil fumes, and poisoning by oil affected food. Environmental contamination is a danger to sea otters in all subspecies, particularly in the contamination of the foods they eat.

Thankfully, sea otters are no longer an endangered species. And yet, ceasing to hunt them for their fur is not enough to protect them and ensure their continuation. While there are natural reasons that affect their growth and expansion, such as food limitations and natural predation, some of the biggest threats to their survival are caused by man. We must take a close look at the ways we impact their environment, and reduce our interference in their natural progression.



Paddlefloat Seats
 \$65.00 includes taxes
 Contact Terry McGinnis
 at 604-892-5898

Love Thy Neighbor
 Cindy Dopson

I am increasingly finding that the places I am paddling to, looking forward to a nice quiet get away, are full of people.

Where once I may have found one other paddler or group, I now find a populous of kayak campers equivalent to some of the small prairie towns I have visited.

And isn't it interesting that on the water we smile, wave at each other and share thoughts on the day, glad to run into another like-minded soul - and yet on land we can be territorial and petty with each other.

Now don't get me wrong, I like to have a private camp all to myself as much as the next guy. I love feeling that in my short paddle I have come to the ends of the earth where no other has, or will, set foot. But once the reality of that is gone, I think it is time to make the best of it.

I pass on my thoughts learned on trips this summer:

- ◆ Keep a positive attitude - this is your chance to get to know someone new
- ◆ Keep an eye on the time - keep noise down after dark
- ◆ Be tolerant of camps springing up close to yours; remember that no one chooses to move in close, it is likely

Meeting Dates
2002

Sep. 16

Oct. 21 - AGM

Nov. 18

UPCOMING EVENTS
2002

Thanksgiving

Mark your calendars for the annual Thanksgiving retreat – October 12-14. The Stillwood Camp and Conference Centre at Cultus Lake provides us with dormitory style accommodation, washrooms, showers, and a kitchen. You will need to bring a sleeping bag and pillow, and a bathing suit for the hot tub. The potluck All meals will be individual, with the exception of the Sunday night potluck thanksgiving feast!

The cost is \$25 for the weekend or portion of, unless you are planning to come for the Sunday dinner only and not stay over, in which case the cost is \$10. For more information, or to volunteer (we need someone to cook the turkey!), contact Steven or Tricia Goh at 604-929-6232.

Christmas Party:

We have booked the Trophy room at the Rowing Club for Saturday Nov. 30 (Sat night) and are beginning to get things rolling for another great celebration. Once again we are looking for volunteers to help put together a great party – if you are interested please contact Julie Dorsemaine at juliedorse@hotmail.com

Italian Sea Kayaking Trip

The following information was provided by Barbara Kossy – a San Fransico Bay area paddler.

Sea Kayak Italy and California Canoe & Kayak are presenting a 7-day Sardinia sea kayaking trip to start September 21, 2002.

Known for it's jewel blue waters, dramatic landscape and rich cuisine, Sardinia is a large island in the Mediterranean Sea, south of Corsica and west of the

Italian mainland. In addition to miles of sculptured rock coast and white sand beaches, Sardinia offers prehistoric stone villages, ancient Phoenician and Roman ruins, and a unique culture with music, dancing, crafts, and food and wine that express the Sardinian soul.

We'll be based on the Gulf of Arzachena, gateway to the Arcipelago della Maddalena, and its national parks-and within easy reach of in land destinations.

Dates: September 21 to 27

Cost: \$1,495 (airfare not included)

Includes: use of single fibreglass kayaks and equipment, kayaking lessons, lodging in a cozy seaside bungalow (6 nights, double occupancy), two site seeing expeditions, an agriturismo (farm house) dinner, all meals, and transportation to and from the port and airport of Olbia, Sardinia.

Prerequisites: Beginning Sea Kayak class or equivalent. The trip goes with a minimum of 6 paddlers, and a maximum of 12. Guides will include myself and Sea Kayak Italy's veteran guide Gaudenzio Coltelli.

For a full description and itinerary email bkossy@igc.org. If you have any other questions please email, or give me a call at 650-728-8720. Or, I'm happy to call you if you leave your number and a good time to reach you.

To reserve call CCK (800) 366-9804.

For more on CCK see www.calkayak.com.

For more on Sea Kayak Italy see www.seakayakitaly.com.

Upcoming Training

Surfing course:

September 7 and 8 (Saturday/Sunday)

Cost \$30

Contact Harald at 734-5514 or haraldriffel@telus.net

Ecomarine Freebies

604-689-7575

September 10, 2002

The Kingdom of Tonga

Paddle your kayak into crystalline turquoise waters, landing on white sand beaches fringed with coconut palms and slipping into the undersea world of the coral reefs. Hanging weightless in the warm waters while jewel-like fish surround you. Pacific Rim Paddling will guide us into the Vava'u Islands in the Kingdom of Tonga.

Pacific Rim Paddling Company

October 8, 2002

Sea Kayak Baja

We magically transport you to the beautiful Baja Peninsula. A land rich in contrast and culture with exotic deserts and deep blue seas. Pacific Rim Paddling Company will guide us through 8 amazing days on the Vermillion sea - paddling in the shadows of the Sierra Gigantas and exploring the azure seas teeming with marine life. Come escape to the sun and discover the mystery of Baja.

Pacific Rim Paddling Company

SKABC Trip and Event Calendar 2002

NOTE: This list is subject to change. Please call the Trip Line or trip organizer for updates.

For 2002, day trips and follow-ups to training (everyone welcome) are often held at or near rentals. Some of the following are proposals only. They often just need organisers who are willing to take names and telephone numbers. Participation, is not essential to be a co-ordinator.

Radios: SKABC owns six radios. They are available to members participating in Club trips, free of charge. Radios are kept at several different locations:- North Van.: **Grant Smith**, 604-986-5800; **Tim Morris**, 604-929-1302 Richmond.: **Manfred Koestlmaier**, 604-274-3259, Burnaby: **Heather Kirk** 736-0445, Vancouver: **Rob Leeson** 604-739-1201, **Dan Wicke** 604-734-2955. To check availability, visit the website and follow the links, or contact Heather Kirk at the above telephone number.

Please note: A Radio Operator's Certificate is required.

If you don't have a VHF radio, you may want to take your cell phone if paddling in areas where cell phone coverage is available. Dial *16 to connect directly with the Vancouver Coast Guard Radio or *311 to directly connect to the Victoria RCC (Rescue Coordination Centre). Dialing 911 is always available as well, of course.

<u>Date</u>	<u>Destination or Event</u>	<u>Class</u>	<u>Organizers, Phone numbers & Notes</u>
ANYTIME NOW! August 25 – 31	Local Paddling Nuchatlitz Inlet, Nootka Island	B2	Use TRIPLINE to contact Terry McGinnis Ron Simmer 604-438-5937 patplex@shaw.ca Notes: water taxi via Zeballos
<u>Sept 7 to 8</u>	<u>Surfing</u>		[see Training page]
Sep 14	Ladner Slough (cross Fraser River)	B2	Frank Forster 604-277-6594 (Launch Gary Point, Steveston)
Sept.	Sechelt	B2	Tony Clayton 604-921-7947 (Weekend trip)

WWW.SKABC.ORG Member's Page

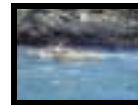
Trip Classification

Letters (A-D) indicate strenuousness:

- A – Not strenuous;
- B – Moderately strenuous;
- C – Strenuous;
- D – Very Strenuous.

Numbers (1-4) give technical difficulty:

- 1 – Easy. Requires basic paddling skills
- 2 – Moderate. Requires good paddling skills
- 3 – Difficult. Requires good paddling skills
- 4 – Very Difficult. Requires advanced paddling skills and seamanship



Have you been to the SKABC web site lately? It is full of great information, pictures, and up to the minute updates, notices and trips.

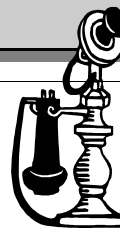
To get into the members only area:

- ◆ Click on the "Members' Area" button on the left
- ◆ Username: skabc
- ◆ Password: umiak

In the members area you will find a current training schedule, the VHF Radio bookings, updated members list, and upcoming trip information

SKABC Tripline

- ◆ Key in tel. # for Tripline **604 290 9653** (our mail box #)
- ◆ SKABC 'Greeting'. To bypass *press* **9**
- ◆ On 'Prompt', key in password **86425** (Umiak)
- ◆ To hear messages, *press* **1** (or 11 for new messages)
- ◆ To skip through messages, *press* **#** (this also auto-resaves message)
- ◆ To save messages, PLEASE! *press* **9 (ALWAYS RESAVE MESSAGES)**
- ◆ To reply to a message, *press* **8** (best way to input a message)
- ◆ Do not delete messages, *press* **7** *only to delete your own/stale messages*
- ◆ To leave a message, *press* **2** (record message then *press* **#**, *when asked for destination mailbox enter* **604-290-9653**)



Other Website news:

Member Geoff Willits has made a BC sea kayakers message board on his website for everyone's use. This board is extensive with most topics a kayaker would be interested in. There is also a private section for SKABC members. Please take a look. <http://seapaddler.ca>